

I already got pumped...*now what?*

- If you already got pumped, go to the doctor at least once a month to get checked out for any signs of blood clots, infections, or shifting of the silicone.
- Doctors can probably not safely remove substances injected into you without putting you at further risk, but they can monitor you for future complications.
- Doctors still don't know the long-term consequences of getting pumped, so make sure your doctor stays educated and check in with your doctor frequently in case they have new information.

What are the criminal or legal consequences of getting pumped?

If you pump someone and they get sick or even die, you could be prosecuted for several crimes, such as:

- Practicing Medicine Without a License
- Aggravated Second Degree Battery
- Negligent Homicide
- Manslaughter
- Murder

If you are there when someone else is getting pumped or help someone get pumped, you could be charged with being *an accessory or accomplice*.

If you know someone who is wanted on one of these charges and help them avoid the police, you could be charged with being *an accessory or accomplice*.

Want more information?

**Drop-In Clinic
Up to Age 24
Ask for Dr. Sue
611 N Rampart
(504) 584-1112 (or 1119)**

**Ruth U. Fertel Health Center
All ages
711 N. Broad (at Orleans)
(504) 609-3500**

**Women With a Vision
1001 S. Broad St. #200
(504) 301-0428**

* This is not medical advice or legal advice. Always consult a professional.



1001 South Broad #119
New Orleans, LA 70125
(504) 252-9025
www.youthbreakout.org



*In loving memory of Bre Hall
May your death not be in vain*

Harm Reduction Guide to PUMPING



What is Pumping?

"Pumping" is the practice of injecting silicone or like substances into parts of the body with a needle or "pump." When done outside of a medical facility, there is no way to know what is being injected.

Although you may be told it is "medical-grade silicone," it is more likely to be substances more easily obtained such as:

Fix-a-Flat or Tire Sealant
Industrial-Grade Silicone
Bathroom Sealant
Cement
Fiberglass
Vaseline
Glue

Why do people get pumped?

Without access to quality healthcare and affordable, safer surgical options, combined with societal pressure and poor body image, many people, both men and women, transgender and non-transgender/cisgender, turn to the streets or the "black market" to get the body they want.

There are safer options.

Consult a doctor for more information.

Why is Pumping Dangerous?

- Those who provide pumping services are usually not doctors and have no medical training.
- When injected in the wrong place, substances may move into the bloodstream and enter the lungs.
- Your body may respond to the foreign substance, go into "toxic shock" and begin to shut down.
- You could get an infection, which quickly spreads to other parts of the body, causing death or amputation of limbs.
- Even years after you are pumped, silicone may move around the body, causing disfiguration.



Bre Hall in 2013. Bre was in a coma for nearly a month before dying from silicone that entered into her lungs.

Risks Include:

- Permanent Disfigurement
- Infection
- Blood Clots
- Amputation of Limbs
- Death

How to Recognize the Signs of an Infection

- Localized Swelling and Pain
- Fever
- Bruising
- Hot Skin Above Injection Site
- Hardness of the area
- Difficulty breathing

IF YOU NOTICE ANY OF THESE SIGNS, CALL 911 IMMEDIATELY.

If the dangers of pumping are not enough to stop you:

- Never get pumped alone.
- Have someone with you for at least 24 hours afterward who can recognize signs of infection.
- Make sure needles are clean and new from the package. Make sure the substance is not being drawn up from a big vat that is used over & over and that the needle is not being put back into the container that others used. (HIV, Hep B, & Hep C can be drawn into the vat and then into you or carried by the needle into the container.)
- Sterilize the area first.
- Ask questions about what is being injected into you so you can give the doctors as much information as possible if there is a problem.
- **If you experience a problem, call 911 immediately.** Be honest with paramedics and doctors when they arrive.